

OCMHA Vision and Core Coaching Values

The Ottawa Centre Minor Hockey Association (OCMHA) provides children from the Centretown, Glebe and Ottawa South communities of Ottawa with an organized association devoted to house league hockey, without the pressure and time investment of playing competitive hockey. The Association is an integral part of District B – Bytown District of the Ottawa District Minor Hockey Association (“ODMHA”) and the Ottawa District Hockey Association (“ODHA”). By virtue of these affiliations, the Association is a member of Hockey Canada, the governing body of amateur hockey in Canada.

Vision Statement

OCMHA is dedicated to providing our hockey players a safe, fun environment where they can pursue individual improvement as players, and develop life skills in such areas as leadership, respect for self, respect for others, and teamwork.

Core Coaching Values

Safety

OCMHA is dedicated to providing its players with a safe environment in which to play the sport. Team officials have a responsibility not only for minimizing the risk of physical injury, but also for protecting our players from harassment, bullying and abuse when participating in our programs.

Respect

Our coaches are powerful role models for their players. The interactions of coaches with parents, referees, and fellow coaches (both from inside and outside the association) should always be marked by the highest standards of respect, honesty and civility. Abuse of referees will not be tolerated from OCMHA coaches.

Player Improvement and Development

Even though OCMHA places the playing experience of its players above winning as an objective, we are dedicated to helping our players improve their skills. Each player should have the opportunity to understand the rewards that come from dedication to team goals, and to develop the personal, physical, and intellectual skills that come from participation in amateur sport. Coaches should address the individual needs and abilities of all the players on their teams and ensure all receive the attention, support and teaching they need.

Fair Play

Our coaches should know the relevant rules governing play in the Bytown Minor Hockey League, and should conduct themselves in accordance with the letter and the spirit of those rules.

Fair Ice

OCMHA is committed to fair ice time for its players, which means, among other things: players playing like positions receive similar ice times; positions and lines should not be manipulated to put stronger players on the ice more often; playing time should be equally distributed throughout the entire game; and every player should have an equal opportunity to experience every game situation, including the power play, penalty kill, and overtime.

Coaching Excellence

Our coaches should be prepared, and should run fun, organized practices suitable to the age and playing level of their players. OCMHA coaches are required to obtain minimum certifications as determined by OCMHA and governing minor hockey authorities. Our coaches are also expected to strive to improve their coaching skills, by self-study or by participating in mentoring and training sessions.